

# Raw Health Expo Sebastopol, CA July 23 & 24, 2011



At the Raw Health Expo you will learn how a raw-plant-based lifestyle can help you to lose weight, have more energy and improve your health.

- You'll meet over two dozen top raw food chefs and educators
- You'll learn how to prepare delicious raw food recipes
- You'll discover how to save money by growing your own food
- You'll get to meet and connect with others who enjoy raw food
- You'll go home with the knowledge and recipes you need to be successful in the long term
- Raw Food Presentations, Recipe Demonstrations, Vendor Hall and More!

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