

# Second Annual Raw Health Expo

Discover The Secrets To Thriving On A Raw Food Diet  
- At This Mouth-Watering Health Expo



At the Raw Health Expo you will learn how a raw-plant-based lifestyle can help you to lose weight, have more energy, improve your health and live more environmentally friendly.

- You'll meet over two dozen top raw food chefs and educators
- You'll learn how to prepare delicious raw food recipes
- You'll discover how to save money by growing your own food
- You'll get to meet and connect with others who enjoy raw food
- You'll go home with the knowledge and recipes you need to be successful in the long term

**Raw Food Presentations,  
Recipe Demonstrations,  
Vendors Hall , Prepared  
Food and More!**

Raw Health Expo  
Jul 31 and Aug 1, 2010  
Sebastopol Community Center  
390 Morris Street  
Sebastopol, CA 95472

**[www.rawhealthexpo.com](http://www.rawhealthexpo.com)**

